



How to Use Ensure Surgery Drinks For Patients with Type 2 Diabetes

Instructions for patients with Type 2 diabetes, do not use any other instructions for the Ensure drinks that you may have. The Ensure drinks can help your body heal better and lower your chances of problems after surgery, such as infection.

What to drink	How to use it																														
<p>6 days before surgery</p> <p>Ensure surgery</p> <div style="display: flex; align-items: center; justify-content: center;"> <div style="text-align: center; margin-right: 10px;"> <p>drink half</p> <hr style="border-top: 1px dashed black; width: 100px; margin: 0 auto;"/> </div>  </div>	<p>Drink half a carton 4 times a day for 5 days. Start 6 days before your surgery. Use the chart below to keep track. Reduce the amount of carbohydrates you eat with each meal.</p> <div style="border: 1px solid black; padding: 5px; margin: 10px 0;"> <p>✓ Check boxes to keep track of servings</p> <table border="1" style="width: 100%; border-collapse: collapse; text-align: center;"> <thead> <tr> <th style="padding: 5px;">Days before surgery</th> <th style="padding: 5px;">6</th> <th style="padding: 5px;">5</th> <th style="padding: 5px;">4</th> <th style="padding: 5px;">3</th> <th style="padding: 5px;">2</th> </tr> </thead> <tbody> <tr> <td style="padding: 5px;">Servings</td> <td style="padding: 5px;"><input type="checkbox"/></td> <td style="padding: 5px;"><input type="checkbox"/></td> <td style="padding: 5px;"><input type="checkbox"/></td> <td style="padding: 5px;"><input type="checkbox"/></td> <td style="padding: 5px;"><input type="checkbox"/></td> </tr> <tr> <td style="padding: 5px;"></td> <td style="padding: 5px;"><input type="checkbox"/></td> <td style="padding: 5px;"><input type="checkbox"/></td> <td style="padding: 5px;"><input type="checkbox"/></td> <td style="padding: 5px;"><input type="checkbox"/></td> <td style="padding: 5px;"><input type="checkbox"/></td> </tr> <tr> <td style="padding: 5px;"></td> <td style="padding: 5px;"><input type="checkbox"/></td> <td style="padding: 5px;"><input type="checkbox"/></td> <td style="padding: 5px;"><input type="checkbox"/></td> <td style="padding: 5px;"><input type="checkbox"/></td> <td style="padding: 5px;"><input type="checkbox"/></td> </tr> <tr> <td style="padding: 5px;"></td> <td style="padding: 5px;"><input type="checkbox"/></td> <td style="padding: 5px;"><input type="checkbox"/></td> <td style="padding: 5px;"><input type="checkbox"/></td> <td style="padding: 5px;"><input type="checkbox"/></td> <td style="padding: 5px;"><input type="checkbox"/></td> </tr> </tbody> </table> </div>	Days before surgery	6	5	4	3	2	Servings	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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<p>1 day before surgery and the day of surgery</p> <p>Ensure pre-surgery</p> <div style="display: flex; align-items: center; justify-content: center;">  </div>	<p>Drink each bottle within 5 to 10 minutes. If you have a strawberry allergy, drink 8-10 ounces of a full-sugar sports drink instead.</p> <p><input type="checkbox"/> 1 day before surgery - with dinner</p> <p><input type="checkbox"/> 1 day before surgery – at bedtime</p>																														
<p>After surgery</p> <p>Ensure surgery</p>	<p>Your doctor may want you to drink 1/2 carton of Ensure surgery 6 times a day for 5 days. If so, a case of drinks will be delivered to your room.</p>																														