

# For Caregivers

This Pathfinder may be useful in finding information for families and loved ones caring for people with cancer.

## **Websites**

**Family Caregiver Alliance** – Go to <u>caregiver.org</u> This site has a wide range of information on caregiving, including issues and strategies, tips and fact sheets. videos and audio files are offered on many topics in different languages.

## National Cancer Institute - 1-800-4CANCER

<u>cancer.gov</u>. In the search box, type **Caregivers**, then choose from a list of links to different topics. Some of the info can be found in their publications that can be read online or mailed to your home.

#### American Cancer Society - 1-800-227-2345

<u>cancer.org</u>. Click on the magnifying glass icon to get to the search box. Type Caregivers, then choose a topic to read from the list.

**Centers for Disease Control and Prevention** – Go to <u>www.CDC.gov</u> In the search box, type Cancer Caregivers. There is a list of topics to choose from, including info on financial assistance, how to prevent infection in cancer patients, and caring for yourself.

#### **Books**

**Things I Wish I'd Known: Cancer Caregivers Speak Out** - Third Edition 3rd Edition (2016) by Deborah J. Cornwall ISBN-13: 978-1938842276

When a Loved One Falls Ill: How to Be an Effective Patient Advocate by Gerri and Brian Monaghan Workman Publishing Company, 2011.

**How to Help Children Through a Parent's Serious Illness** by Kathleen McCue. St. Martin's Griffin. Second Edition, 2011.

Cancer Caregiving A-to-Z: An At-Home Guide for Patients and Families American Cancer Society, 2008.

American Cancer Society Complete Guide to Family Caregiving: The Essential Guide to Cancer Caregiving at Home by Julia A. Bucher, Peter S. Houts, and Terri Ades. American Cancer Society, 2011.

This Pathfinder is a suggested list of books and websites and is not meant to take the place of medical advice or professional counseling. If you have any questions, please talk to your doctor, nurse, or social worker.