

Family Distress

This Pathfinder may be useful in finding information about how a cancer diagnosis can affect your family, and how to work through these difficult times with each other.

Websites

American Cancer Society

cancer.org. The information from the American Cancer Society can be helpful to both the person with cancer and the family members. In the search box, type Helping children. Choose a topic from the list.

National Cancer Institute

cancer.gov. There are several NCI pages for families, caregivers, and children of people with cancer. In the search box in the upper right, type “Family distress.” Click on any of the links to read about each topic.

Organizations

The Gathering Place

TouchedByCancer.org With locations in Beachwood and Westlake and online, families can find free support and programs to help anyone touched by cancer.

Stewart’s Caring Place

StewartsCaringPlace located in the Akron/Fairlawn area, they provide a caring, relaxed environment offering supportive services and programs at no cost for individuals and families facing cancer.

Yellow Brick Place

YellowBrickPlace.org Supports and educates cancer patients and those closest to them by providing individual and group services in the tri-county area of Mahoning, Trumbull and Columbiana.

Books

Living in Limbo: Creating Structure and Peace When Someone You Love is Ill by Laura Michaels, MA, JD and Claire Zilber, MD (2017) ISBN-13 : 978-1544242019

Cancer in Our Family: Helping Children Cope with a Parent's Illness by Sue P. Heiney PhD RN and Joan F. Hermann MSW LSW (2013) ISBN-13: 978-0944235959

How to Help Children Through a Parent's Serious Illness by Kathleen Mccue (2011)
ISBN-13: 978-0312697686

Someone You Love Has Cancer: A Child's Guide to Understanding by Robin Martin Duttman (2017) ISBN-13: 978-1681819495

This Pathfinder is a suggested list of books and websites and is not meant to take the place of medical advice or professional counseling. If you have any questions, please talk to your doctor, nurse, or social worker.