# **KIDS** Rainbow

Youth Advisory Council



Cleveland | Ohio



### What is KIDS Rainbow?

#### **Mission**

The Youth Advisory Council (KIDS Rainbow) at University Hospitals was established to center the pediatric patient voice in UH Rainbow's efforts. KIDS Rainbow aim is to encourage and promote a diverse collaboration between youth and the Hospital to address the top health priority needs in the communities they serve.

#### **Vision**

That UH Rainbow initiatives will be driven by the ideas and innovations of the youth it aims to serve.

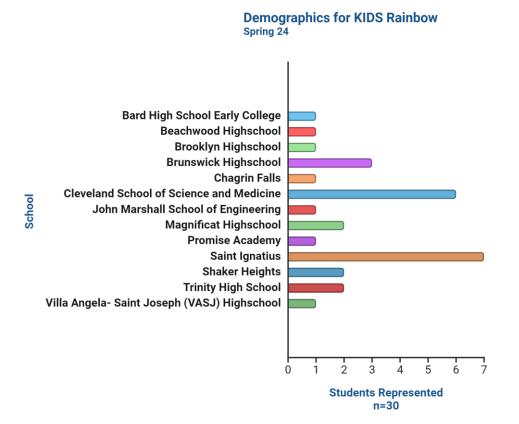
#### **Goals & Objectives**

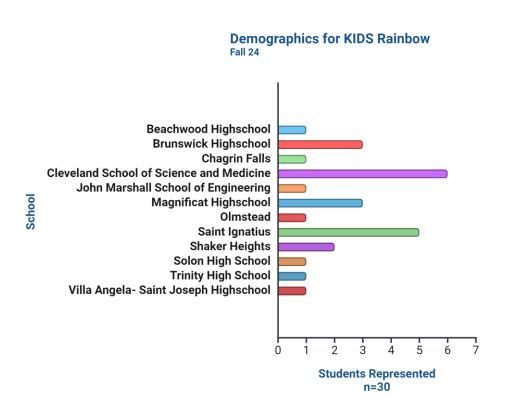
- 1. Fostering collaboration for widespread impact
- Addressing disparities and the impact of emergencies, disasters, and pandemics
- 3. Advocating for the pediatric voice





## **KIDS Rainbow Cohort Demographics**







### **Spring 2024 Cohort**















toxic social media mental illness social media low attention spans rejection mental health overworked acceptance stress easily accessible drugs bulling depression

staying focused homework support parents stress management time management

anxiety

academic pressure lack of moral

peer pressure reputation prioritizing

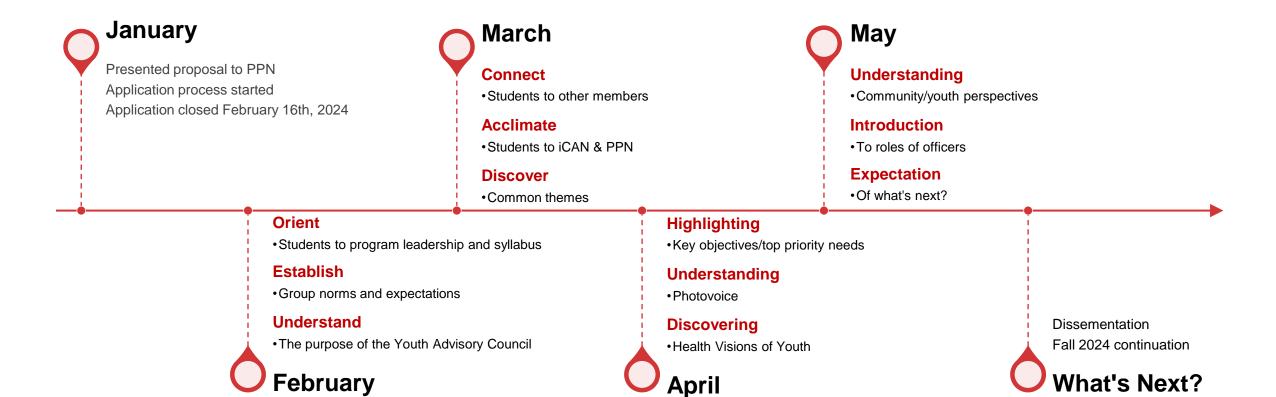
lack of motivation stress from amount hw unfair expectations







# **Meeting Highlights**





### **Prompts to Consider**

What changes (positive or negative) have you noticed in your community since the COVID-19 pandemic in 2020?

What changes have been most useful to you and your family since the COVID-19 pandemic in 2020?

What changes would impact the community, most if changed?



# **Priority Needs**



Mental Health Awareness/ Advocacy and Resources



Need to Build Community and Involvement within the community



**Financial Literacy** 



**Food Accessibility** 



# **Spring 2024 Cohort**



































