Date: 17 October 2024

Time: 4:30pm - 6:30pm

#### **Main Objectives**

 Addressing Mental Health Needs with RN Anna Goldman

# Previous Session Tasks

- Returning all on-boarding documents, signed
- Nominating officers
  - o President: George Zaky
  - Vice President: <u>Kimberly Williams</u>
  - o Treasurer: <u>Joey Haddad</u>
  - Secretary: <u>Emily Woolard</u>

### **Key Points**

- RN Anna Goldman shared her project concept (with partner Dr. Gabriel) about mental health in adolescence - this project will go nationwide to support mental health needs in teenagers.
- With survey questions produced by the executive board, RN Goldman, and Dr. Gabriel, George Zaky led a group discussion on mental health further developing the advisor's responses
- Advisors joined the group remind to stay updated on all events and meetings in KIDS Rainbow

#### Reminders

Please feel free to contact your executive officers with any questions or concerns.

## Post-Session Objectives

- Join the Remind by texting @UHKIDS to 81010
- Complete the post-session survey