

GAD-7 Scoring: This page is for office use only- do not distribute to child/adolescent.

Patient Name _____

DOB _____ **Date** _____

Scoring GAD-7 Anxiety Severity

This is calculated by assigning scores of 0, 1, 2, and 3 to the response categories, respectively, of “not at all,” “several days,” “more than half the days,” and “nearly every day.” GAD-7 total score for the seven items ranges from 0 to 21.

- 0–4: minimal anxiety
- 5–9: mild anxiety
- 10–14: moderate anxiety
- 15–21: severe anxiety

Final Score and Anxiety Severity Level: _____