

Anxiety Counseling Resources

Agency	Location (City)	Services	Insurance	Phone
Allied Behavioral Health	Austintown, Fairview Park, Lorain, Medina	Behavioral Health Counseling	Medicaid- Some plans provider dependent; Some commercial insurances	1-888-606-2247
Applewood	Cleveland, Elyria	Behavioral Health Counseling, Psychiatry	Medicaid- All plans; Some commercial insurance on limited basis, ADAMHS Board Assistance (Elyria)	216-696-5800 x1264, 216-521-6511 (ECMH), 440-324-1300 (Elyria)
Avenues of Counseling	Medina, Fairlawn	Behavioral Health Counseling, Psychiatry	Commercial only	330-723-7977
Beech Brook	Cleveland, Akron	Behavioral Health Counseling, Psychiatry	Medicaid- All plans; Some commercial insurance on limited basis	216-831-2255 (Cleveland), 234-678-7912 (Akron)

Behavioral Health Services of Greater Cleveland	Medina and Rocky River	Behavioral Health Counseling	Medicaid; Some commercial insurance	866-466-9591
Bellefaire	Cleveland, Elyria, Akron	Behavioral Health Counseling, Psychiatry, Groups (Elyria)	Medicaid- All plans (Cleveland, Elyria); Some commercial insurance (Elyria; ADAMHS Board Assistance (Elyria)	216-932-2800 (Cleveland), 440-324-5701 x13 (Elyria), 1-800-879-2522 (Akron)
Center for Effective Living	Beachwood, Westlake	Behavioral Health Counseling, Psychiatry	Medicaid - All plans; Some commercial insurance	440-333-4949
Child Guidance & Family Solutions	Akron, Cuyahoga Falls, Twinsburg, Barberton	Behavioral Health Counseling, Psychiatry, Medication Consultation, Groups	Medicaid -All plans; Multiple commercial insurances	330-762-0591
Crossroads	Mentor, Painesville, Perry	Behavioral Health Counseling, Psychiatry, Multiple Levels of Care	Medicaid - All plans; Some commercial insurances	440-255-1700 (Mentor, Perry), 440-358-7370 (Painesville)
ECMH (Early Childhood)	Cleveland	Provide Early Childhood	N/A	216-801-2778

Mental Health) Coordinator – Cuyahoga County		Mental Health Consultation and Referral for ECMH		
Humanistic Counseling Center	Avon, Beachwood, Bedford Heights, Brecksville, Brunswick, Chagrin Falls, Cleveland Heights, Euclid, Fairview Park, Hudson, Lyndhurst, Mentor, North Olmsted, Pepper Pike, Richfield, Rocky River, Stow, Warrensville Heights, West Park	ADHD Evaluation at Family Achievement Center with Dr. Dan, Behavioral Health Counseling	Providers independently paneled with commercial insurance and individual Medicaid plans, dependent on location; Website profiles indicate specialization of providers	216-839-2273
Jay Berk Ph.D and Associates	Beachwood, Willoughby	Behavioral Health Counseling, Groups	Specific Medicaid plans and Commercial insurances	216-292-7170
Kenneth A De Luca Ph.D and Associates	North Ridgeville, Sheffield, Rocky River, and Westlake	Behavioral Health Counseling	Specific Medicaid plans and Commercial insurances	440-327-1800

Lifestance Health	Beachwood, Brecksville, North Olmsted, Ashtabula, Willoughby, Avon	Behavioral Health Counseling, Psychiatry (limited locations only)	Commercial insurances; Some Medicaid plans- provider dependent	216-831-6611
The Nord Center	Lorain	Behavioral Health Counseling, Psychiatry, Groups	Accepts most insurance including Medicaid	440-233-7232
Ohio Guidestone	Berea, Canton, Cleveland, Fairlawn, Garfield, Lakewood, Lorain, Medina, Painesville, Portage	Behavioral Health Counseling, ECM, Psychiatry (Cleveland, Lorain), In-home, ECMH (Painesville, Fairlawn, Canton, Medina, Portage)	Medicaid- All plans	440-260-8300
Ravenwood	Chardon, Chesterland	Behavioral Health Counseling, Psychiatry	Medicaid - All plans; Multiple commercial insurances	440-285-3568
Signature Health	Ashtabula, Beachwood, , Lakewood, Maple Heights, Painesville, Willoughby	Behavioral Health Counseling, Psychiatry	Medicaid - All plans	440-992-8552 (Ashtabula), 216-831-6466 (Beachwood), 216-766-6080 (Lakewood), 216-663-6100

				(Maple Heights), 440-853-1501 (Painesville), 440-953-9999 (Willoughby)
The Center for Families & Children	Beachwood, Maple, Parma, Rocky River	Behavioral Health Counseling, Psychiatry, Limited Access	Medicaid - All plans	216-325-9355
UH Rainbow Babies & Children's Developmental & Behavioral Pediatrics	Cleveland, Solon	ADHD Evaluation and Medication Consultation	Medicaid - All plans; Multiple commercial insurances	216-844-3230
UH Rainbow Babies & Children's Child & Adolescent Psychiatry	Cleveland, Solon, Mayfield Heights, Westlake	Psychiatry and Medication Consultation	Medicaid -All plans; Self-pay, and Commercial insurance with limited accessibility	216-844-3881

University Hospitals does not endorse these specific behavioral health providers.

This list is provided as a resource. Other providers may also be available