UH Psychiatry Curriculum Summary

Month	July	August	September	October	November	December	January	February	March	April	May	June
Block	Start of the Year Transition Consult Liaison (PGY2)	Psychosis	Forensics PRITE Career Developm ent	Mood Disorders		nce Use rders	Anxiety and Obsessive Compulsive Disorders	Related	Geriatric Psychiatry Neuro- developm ental Disorders	Neuropsyc hiatry Sleep Medicine	Identity and Sexuality Personality Disorders	End of the Year Transition
PGY 1	Basic Inpatient Skills Psychiatric Emergencies											
PGY 2	Advanced Inpatient Skills Diagnosis and Management											
PGY 3	Basic Outpatient Skills Community Psychiatry											
PGY 4	Advanced Outpatient Skills System-Level Practice; Leadership					p						
All	Career DevelopmentF				Psychotherapy Research Literacy Social Determinants of Health and Disparities							

Blocks

Month	Block				
July	Start of the Year Transition: Psych Rocks (PGY1) / Consultation-Liaison (PGY2) / Outpatient Transition (PGY3/4)				
August	Psychosis				
September	Forensics / PRITE / Career Development (PGY4)				
October	Mood Disorders				
November/December	Substance Use Disorders				
January	Anxiety / OCD-Related Disorders				
February	Trauma-Related Disorders / Eating Disorders				
March	Neurodevelopmental Disorders / Geriatric Psychiatry				
April	Neuropsychiatry / Sleep Medicine				
May	Personality Disorders / Identity and Sexuality				
June	End of the Year Transition				

Threads

Career Development

Child and Adolescent Psychiatry

Humanities and Ethics

Psychotherapy

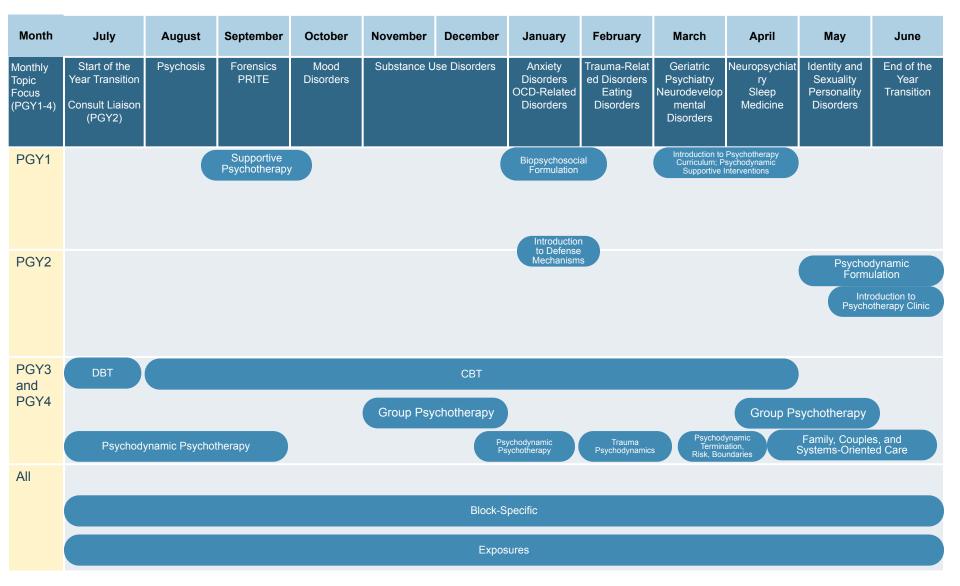
Research Literacy

Social Determinants of Health and Disparities

Women's Mental Health



UH Psychiatry Psychotherapy Curriculum Summary



Psychotherapy Series by Class Year

Series	Lectures
PGY1	Supportive Psychotherapy Biopsychosocial Formulation Introduction to the Psychotherapy Curriculum Introduction to Psychodynamic Supportive Interventions
PGY1/2	Introduction to Defense Mechanisms
PGY2	Psychodynamic Formulation Introduction to Psychotherapy Clinic
PGY3/4	DBT CBT Group Psychotherapy Psychodynamic Psychotherapy Trauma Psychodynamics Psychodynamic Termination, Boundaries, Risks Families, Couples, and Systems-Oriented Care

Block-Specific Psychotherapy Lectures

Block	Lecture
Psychosis	CBT for Psychosis (CBT-P)
Mood Disorders	Integrative Psychotherapy of Suicidality Psychotherapeutic Approaches to Depression Social Rhythms Therapy for Bipolar Disorder
Substance Use Disorders	Motivational Interviewing #1-4 SBIRT
Anxiety and OCD-Related Disorders	Evidence-Based Psychotherapy of OCD Evidence-Based Psychotherapy of Panic Disorder Evidence-Based Psychotherapy of Social Anxiety Disorder Integrating Therapy into a Medication Management Appointment
Trauma-Related Disorders	Evidence-Based Psychotherapy of PTSD Evidence-Based Psychotherapy of DID
Sleep Medicine	CBT-I for Pediatrics CBT-I
Personality Disorders	Psychodynamic Psychotherapy for Personality Disorders

Exposures

Lecture
Mindfulness
Gestalt Therapy #1-2
Internal Family Systems #1-2
Interpersonal Psychotherapy
Mentalization #1-2
Positive Psychology
Classical Theoretical Perspectives of Psychotherapy #1-2