





Fitness Center at UH Avon Health Center Day Spa

At our day spa, our clients are miles away from stress and just steps away from our fitness facility.

Enjoy the day spa before or after your workout for a quick refresh, or for a day-long experience. Because our facility was designed with relaxation in mind, each moment is a step closer to serenity. Fitness Center members receive discounted pricing on all spa services; however, you do not need to be a member to enjoy our spa's services.

Services and Treatments Include:

- Massage therapy
 - Therapeutic
 - Myofascial release
 - Sports
 - Swedish
 - Hot stone/cold stone
 - Deep tissue
 - Cupping
 - Fertility
 - Pre/postnatal
 - Infant
 - Ashiatsu oriental bar

- Nail services
- Sugar and wax hair removal
- Skincare treatments with IMAGE Skincare products, IMAGE MD and Linder Health products
- IMAGE Skincare, Linder Health, Jane Iredale, RevitaLash® cosmetics and retail sales



For questions or to schedule an appointment, scan the **QR code**, call **440-988-6801** or visit **UHhospitals.org/Spa**.

For pricing menu, please see back.



Fitness







Fitness Center at UH Avon Health Center Day Spa 1997 Healthway Drive, Avon, Ohio 44011 440-988-6801 | UHhospitals.org/Spa

Massage Therapy

Includes therapeutic, myofascial release, sports, Swedish, hot stone/cold stone, dry brush, deep tissue, cupping, fertility, pre/postnatal, infant, and ashiatsu oriental bar.

	Members	Nonmembe
15-minute chair	\$23	\$28
30-minute	\$45	\$50
60-minute	\$65	\$75
Series of five	\$293	\$338
90-minute	\$95	\$105
Series of five	\$428	\$473
90-minute hot/cold stone	\$110	\$120
120-minute	\$130	\$150
Nail Services		
Manicure		
Spa manicure	\$27	\$30
French manicure	\$29	\$32
Shellac manicure	\$40	\$43
Shellac French manicure	\$43	\$46
Shellac polish change	\$33	\$36
Shellac polish French PC	\$36	\$39
Hand paraffin treatment	\$11	\$13
Pedicure		
Mini pedicure	\$40	\$45
Spa pedicure	\$55	\$60
French pedicure	\$60	\$65
Shellac pedicure	\$60	\$65 \$70
Shellac French pedicure	\$65	\$70 \$00
Shellac pedicure plus	\$75	\$80 ¢or
Shellac French pedicure plus	\$80	\$85 \$15
Foot paraffin treatment	\$13	\$15
Additional Services		
Polish change (nails)	\$15	\$17
Polish change (toes)	\$19	\$22
Shellac soak-off	\$14	\$17

Call 440-988-6801 to make an appointment.

All prices are subject to change. If unable to keep your appointment, please call our front desk at least 24 hours in advance to avoid cancellation fee.

Facial Treatments

	Members	Nonmembers
Mini facial (30 minutes)	\$55	\$60
Chest or back treatment (30 minutes	s) \$70	\$75
Microcurrent (60 minutes)	\$120	\$125
Custom blended treatment (60 minut	tes) \$80	\$85
Series of five	\$360	\$385
Add-on Chemical peel	\$40	\$40
Add-on Microcurrent	\$40	\$40
Linder Peel (30 minutes)	\$95	\$100
Series of five	\$428	\$453
Dermaplaning Plus (60 minutes)	\$110	\$115
Series of five	\$500	\$525
Nanoneedling (60 minutes)	\$110	\$115
Series of five	\$500	\$525
Nanoneedling Plus (90 minutes)	\$145	\$150
Series of five	\$653	\$678
Hydro oxygen facial (60 minutes)	\$155	\$160
Series of five	\$698	\$723
Hydro oxygen facial plus (90 minutes		\$195
Signature Facial (90 minutes)	\$200	\$205
(Combination of custom blended, Lin nanoneedling, and hydro oxygen)	nder peel, (dermaplaning

Lashes, brows and makeup

Brow tweezing/shaping	\$19	\$21
Finishing touch (15 minutes)	Complimentary	
Eye brow tint	\$19	\$22
Eyelash tint	\$23	\$26
Makeup application (45 minutes)	\$50	\$55
Makeup lesson (45 minutes)	\$55	\$60

Hair Removal

Wax/Sugar		
Arms (full)	\$45	\$50
Arms (half)	\$35	\$38
Back or chest	\$70	\$75
Bikini	\$45	\$50
Brazilian	\$75	\$80
Brow	\$19	\$21
Chin	\$16	\$18
French bikini	\$55	\$60
Full face	\$40	\$45
Leg (full)	\$80	\$85
Leg (half)	\$50	\$55
Lip	\$15	\$17
Lip and brow	\$30	\$33
Lip and chin	\$30	\$33
Neck	\$25	\$27
Stomach or back line	\$17	\$19
Toes	\$12	\$14
Underarms	\$30	\$33



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