



Fitness Center at UH Avon Health Center Day Spa

At our day spa, our clients are miles away from stress and just steps away from our fitness facility.

Enjoy the day spa before or after your workout for a quick refresh, or for a day-long experience. Because our facility was designed with relaxation in mind, each moment is a step closer to serenity. Fitness Center members receive discounted pricing on all spa services; however, you do not need to be a member to enjoy our spa's services.

Services and Treatments Include:

- Massage therapy
 - Therapeutic
 - Myofascial release
 - Sports
 - Swedish
 - Hot stone/cold stone
 - Dry brush
 - Deep tissue
 - Cupping
 - Fertility
 - Pre/postnatal
 - Infant
 - Ashiatsu oriental bar
- Nail services
- Reflexology and Reiki
- Sugar and wax hair removal
- Microblading
- Skincare treatments with IMAGE Skincare products/ IMAGE MD
- IMAGE Skincare and Jane Iredale makeup application, Revitalash® cosmetics and retail sales



For questions or to schedule an appointment, scan the **QR code**, call **440-988-6801** or visit **UHhospitals.org/Spa**.

For pricing menu, please see back.



Fitness



Fitness Center at UH Avon Health Center Day Spa

1997 Healthway Drive, Avon, Ohio 44011
440-988-6801 | UHhospitals.org/Spa

Massage Therapy

Includes therapeutic, myofascial release, sports, Swedish, hot stone/cold stone, dry brush, deep tissue, cupping, fertility, pre/postnatal, infant, and ashitsu oriental bar.

	Members	Nonmembers
15-minute chair	\$20	\$25
30-minute	\$40	\$45
60-minute	\$60	\$70
<i>Series of five</i>	\$264	\$308
90-minute	\$85	\$95
<i>Series of five</i>	\$374	\$418
90-minute hot/cold stone	\$100	\$110
120-minute	\$115	\$125

Reflexology, Reiki and Detox

30 minutes	\$35	\$45
60 minutes	\$57	\$65

Ionic Foot Detox

30 minutes	\$45	\$55
<i>Series of five</i>	\$198	\$242
30 minutes plus		
30 minutes reflexology/Reiki	\$80	\$90
<i>Series of five</i>	\$352	\$396
30 minutes plus		
60 minutes reflexology/Reiki	\$95	\$105
<i>Series of five</i>	\$418	\$462

Nail Services

Manicure

Spa manicure	\$24	\$27
French manicure	\$26	\$29
Shellac manicure	\$35	\$38
Shellac French manicure	\$38	\$41
<i>Shellac polish change</i>	\$28	\$31
<i>Shellac polish French PC</i>	\$31	\$34
Hand paraffin treatment	\$10	\$12

Pedicure

Mini pedicure	\$35	\$40
Spa pedicure	\$50	\$55
French pedicure	\$55	\$60
Shellac pedicure	\$55	\$60
Shellac French pedicure	\$60	\$65
Shellac pedicure plus	\$70	\$75
Shellac French pedicure plus	\$75	\$80
Foot paraffin treatment	\$12	\$14

Additional Services

Polish change (nails)	\$13	\$16
Polish change (toes)	\$17	\$20
Shellac soak-off	\$12	\$15
Toenail shaping	\$25	\$30

Facial Treatments

	Members	Nonmembers
Mini facial (30 minutes)	\$50	\$55
Chest or back treatment (30 minutes)	\$45	\$50
Vital C treatment (60 minutes)	\$70	\$75
<i>Series of five</i>	\$308	\$330
Image Acne Facial (60 minutes)	\$75	\$80
<i>Series of five</i>	\$330	\$352
Image O ₂ Lift	\$100	\$105
<i>Series of five</i>	\$440	\$462
Image Chemical Peel	\$100	\$105
<i>Series of five</i>	\$440	\$462
Dermaplaning	\$100	\$105
<i>Series of five</i>	\$440	\$462
Rezenerate (60 minutes)	\$100	\$105
<i>Series of five</i>	\$440	\$462
Rezenerate Plus (90 minutes)	\$135	\$140
<i>Series of five</i>	\$594	\$616
Hydro oxygen facial (60 minutes)	\$145	\$150
<i>Series of five</i>	\$638	\$660
Hydro oxygen facial plus (90 minutes)	\$165	\$170

Microblading

Microblading consult	\$25	
Microblading	\$450	
<i>(includes 6-week follow-up)</i>		
Microblading, 1-year follow-up	\$250	

Lashes, brows and makeup

Brow tweezing/shaping	\$16	\$18
Finishing touch (15 minutes)	Complimentary	
Eye brow tint	\$16	\$18
Eyelash tint	\$20	\$23
Fashion lash application (15 minutes)	\$18	\$22
Makeup application (45 minutes)	\$45	\$50
Makeup lesson (45 minutes)	\$50	\$55

Hair Removal

Wax/Sugar

Arms (full)	\$40	\$45
Arms (half)	\$35	\$40
Back or chest	\$65	\$70
Bikini	\$35	\$37
Brazilian	\$65	\$70
Brow	\$16	\$18
Chin	\$12	\$14
French bikini	\$45	\$50
Full face	\$35	\$40
Leg (full)	\$70	\$75
Leg (half)	\$50	\$55
Lip	\$12	\$14
Lip and brow	\$25	\$27
Lip and chin	\$22	\$24
Neck	\$22	\$24
Stomach or back line	\$15	\$17
Toes	\$10	\$12
Underarms	\$25	\$27

Call 440-988-6801 to make an appointment.

All prices are subject to change. If unable to keep your appointment, please call our front desk at least 24 hours in advance to avoid cancellation fee.